

Wettkampfprotokoll Hessenliga Kraftdreikampf

Datum: 15.03.2008

Ort: Darmstadt

	Name, Vorname	K-Gew.	Coef.	Geb.Jahr	Kniebeuge			Bankdrücken			Kreuzheben			Endstand			
					1.	2.	3.	SUB.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's
AC Marburg I																	
1	Steffen Radeck	120,3	0,5746	1975	260,0	280,0	verz.	280,0	195,0	200,0	verz.	480,0	250,0	265,0	270,0	750,0	430,95
2	Monique Horsey	111,0	0,8115	1989	-185,0	190,0	200,0	200,0	117,5	125,0	-130,0	325,0	172,5	180,0	-185,0	505,0	409,81
3	Sascha Knopf	73,0	0,7264	1983	190,0	195,0	200,0	200,0	140,0	142,5	145,0	345,0	200,0	210,0	-215,0	555,0	403,15
4	Christian Friedrich	77,0	0,6999	1988	170,0	180,0	185,0	185,0	170,0	-175,0	verz.	355,0	170,0	185,0	197,5	552,5	386,69
5	Sven Vaterl	100,0	0,6086	1985	230,0	-250,0	-250,0	230,0	140,0	-160,0	verz.	370,0	220,0	240,0	-250,0	610,0	371,25
AK																	
															2362,5	1630,60	

	Name, Vorname	K-Gew.	Coef.	Geb.Jahr	Kniebeuge			Bankdrücken			Kreuzheben			Endstand			
					1.	2.	3.	SUB.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's
AC Marburg II																	
1	Benjamin Hofmann	107,5	0,5928	1985	200,0	215,0	-225,0	215,0	145,0	-155,0	-155,0	360,0	230,0	240,0	-250,0	600,0	355,68
2	Marcel Schäfer	90,0	0,6384	1970	180,0	185,0	190,0	190,0	125,0	-130,0	-130,0	315,0	220,0	225,0	-230,0	540,0	344,74
3	Michael Boll	86,0	0,6540	1990	165,0	170,0	180,0	180,0	130,0	140,0	verz.	320,0	-200,0	200,0	212,5	532,5	348,26
4	Marc Brix	82,5	0,6699	1971	160,0	170,0	-172,5	170,0	110,0	-115,0	115,0	285,0	170,0	180,0	185,0	470,0	314,85
5	Valentin Kratsch	71,8	0,7352	1988	120,0	125,0	132,5	132,5	85,0	90,0	-95,0	222,5	170,0	180,0	185,0	407,5	299,59
AK																	
															2142,5	1363,52	

	Name, Vorname	K-Gew.	Coef.	Geb.Jahr	Kniebeuge			Bankdrücken			Kreuzheben			Endstand			
					1.	2.	3.	SUB.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's
AC Darmstadt																	
1	Anke Wendt	62,0	1,0871	1978	115,0	122,5	127,5	127,5	95,0	100,0	105,0	232,5	135,0	142,5	150,0	382,5	415,82
2	Achim Kircher	110,5	0,5877	1968	175,0	180,0	verz.	180,0	245,0	260,0	-287,5	440,0	180,0	200,0	210,0	650,0	382,01
3	Malte Riep	106,0	0,5956	1979	175,0	195,0	205,0	205,0	130,0	-140,0	-140,0	335,0	175,0	190,0	205,0	540,0	321,62
4	Stephan Adam	95,5	0,6206	1983	160,0	170,0	177,5	177,5	115,0	120,0	-122,5	297,5	170,0	172,5	180,0	477,5	296,34
5	Felix Broj	80,5	0,6800	1980	-200,0	-207,5	-207,5		115,0	122,5	130,0	130,0	200,0	215,0	-227,5	345,0	234,60
AK																	
															2050,0	1415,78	

	Name, Vorname	K-Gew.	Coef.	Geb.Jahr	Kniebeuge			Bankdrücken			Kreuzheben			Endstand			
					1.	2.	3.	SUB.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's
PG Wiesbaden																	
1	Steffen Bedrich	93,5	0,6266	1973	-280,0	-280,0	290,0	290,0	185,0	192,5	200,0	490,0	250,0	-260,0	-275,0	740,0	463,68
2	Mark Heinrich	86,8	0,6507	1983	-200,0	-210,0	210,0	210,0	140,0	-155,0	-155,0	350,0	205,0	-220,0	220,0	570,0	370,90
3	Peter Leister	79,5	0,6854	1958	175,0	-185,0	-190,0	175,0	145,0	155,0	-160,0	330,0	175,0	185,0	-190,0	515,0	352,98
4	Sebastian Koch	96,5	0,6177	1989	170,0	185,0	-200,0	185,0	-120,0	130,0	-140,0	315,0	195,0	205,0	-210,0	520,0	321,20
5	Michael Pauluth	79,0	0,6882	1996													Gesperrt.
AK																	
															2345,0	1508,77	

	Name, Vorname	K-Gew.	Coef.	Geb.Jahr	1.	2.	3.	SUB.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's
AS Heros Kassel I																	
1	Dominik Tampinard	94,0	0,6250	1967	240,0	260,0	280,0	280,0	170,0	185,0	195,0	475,0	260,0	285,0	300,0	775,0	484,38
2	Bernhard Kotzot	80,0	0,6827	1968	225,0	235,0	242,5	242,5	147,5	152,5	-157,5	395,0	230,0	-240,0	240,0	635,0	433,51
3	Axel Hüter	93,3	0,6272	1971	230,0	250,0	260,0	260,0	150,0	160,0	verz.	420,0	230,0	250,0	260,0	680,0	426,50
4	Rudolf Küster	117,5	0,5778	1955	275,0	295,0	305,0	305,0	107,5	115,0	125,0	430,0	265,0	280,0	285,0	715,0	413,13
5	Andreas Költz	78,0	0,6939	1970	205,0	215,0	217,5	217,5	105,0	115,0	120,0	337,5	190,0	202,5	-215,0	540,0	374,71
AK																	
																2805,0	1757,51

	Name, Vorname	K-Gew.	Coef.	Geb.Jahr	1.	2.	3.	SUB.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's
AS Heros Kasse II																	
1	Lothar Erben	99,0	0,6111	1960	205,0	-215,0	-215,0	205,0	145,0	155,0	-160,0	360,0	200,0	215,0	220,0	580,0	354,44
2	Claudius Klose	86,5	0,6519	1978	190,0	-205,0	verz.	190,0	95,0	105,0	-115,0	295,0	200,0	215,0	225,0	520,0	338,99
3	Klaus Koschnik	100,0	0,6086	1974	170,0	185,0	verz.	185,0	130,0	137,5	-145,0	322,5	170,0	185,0	-195,0	507,5	308,86
AK																	
																1607,5	1002,29

Seitenkampfrichter

NAME: Robert Söll

Hauptkampfrichter

NAME: Armin Krämer

Seitenkampfrichter

NAME: Andy Dörner

LR Bank 145,0 P.Leister
 LR Bank 155,0 P.Leister-2. Versuch
 LR Bank 100 Anke Wendt Sachsen Anhalt 2. Versuch
 LR Bank 105 Anke Wendt Sachsen Anhalt 3. Versuch
 LR Bank 125 Monike Horsey 2. Versuch
 LR Kreuzheben 180 Moinke Horsey 2. Versuch
 LR Total 505.0 M. Horsey